

PH- FL date:		Type:	From: To :	Elev: Elev:	Runway: Runway:	Freq: Freq:	Alt 1: Alt 2:	Elev: Elev:	Runway: Runway:	Freq: Freq:						
FL.time int / tot	ETO	RETO / ATO	CHECKPOINTS/ FREQUENCY		TRACK ELEV.	CH	MH	Var	TH	WCA	TT	Distance int / totaal	GS	TAS	Safe Alt.	Wind dir./ speed
/		/		1								/				/
/		/		2								/				/
/		/		3								/				/
/		/		4								/				/
/		/		5								/				/
/		/		6								/				/
/		/		7								/				/
/		/		8								/				/
/		/		9								/				/
/		/		10								/				/
/		/		11								/				/
/		/		12								/				/
/		/		13								/				/
/		/		14								/				/
/		/		15								/				/
/		/		16								/				/

Noodfreq	121.5		Trip + 5%	Holding 45'	Alternate	Required	Extra	Block fuel	Consumption/H
Dutch mill	132.35	Brussels info	126.9						
A'dam info	124.3	A'dam meteo	126.2	+	+	+	=	+	=